



Student Leadership Services, Inc. School-Based Health and Safety Programs

Students Leading Students (SLS)

Students Leading Students is the high school youth-led program coordinated by Student Leadership Services in Michigan. Students Leading Students influence their peers to make healthy choices. They are trained by SLS to engage, educate, and motivate their peers to make positive choices. Faculty advisors provide guidance and support to their "Students Leading Students" chapter. Students Leading Students members are committed to three promises:

1. I will not participate in self-defeating behaviors that could damage who I am and who I want to be.
2. I will make appropriate decisions when driving or riding in a car.
3. I will help and support my friends to do the same.

Student Advisory Board (SAB)

The Student Leadership Services, Inc. (SLS) **Student Advisory Board (SAB)** was originally formed in 1986 to provide student input and direction for SLS peer-led programs. The SAB represents Michigan youth-led prevention and safety programs in high school and middle school chapters.

These 5-15 student leaders take a stand against alcohol and other drug use among young people. Leadership skill building, peer education and healthy choice activities are the focus of the Board. The SAB are trained by SLS to teach prevention, driving safety, peer leadership, community service and life skills to their peers and younger students through conferences, trainings, workshops and events. The SAB collaborate with national, state and local student groups, contributing prevention education and leadership development.

Students Taking A New Direction (STAND)

Students Taking A New Direction (STAND) is a grass-roots middle-school based asset building prevention program. STAND is committed to the idea that empowerment of youth is a key element in the creation of drug free communities. STAND is designed for middle school students ages 11-14 and in grades 6-8. The STAND program consists of five components which contribute to healthy development in 11-14 year old youth. The components are:

- Skill Development
- Community Service
- Parent Involvement
- Social Activities (Chemical Free)
- Safety Awareness