



Project ALERT Program

Project ALERT:

Project ALERT is a proven solution—nationally recognized, middle grade, substance abuse program that gives students insight, understanding and actual skills for resisting substance abuse. Project ALERT successfully addresses tobacco, alcohol, marijuana and inhalants, the substances teens are most likely to use.

Project ALERT core strategies:

- Motivate students against drug use.
- Provide skills and strategies to resist drugs.
- Establish new non-use attitudes and beliefs.

PA Lessons: 11 core lessons

Lessons are 60 minutes in length

Introduction to Project ALERT
Consequences of Smoking Cigarettes & Marijuana
Drinking Consequences and Alternatives
Introduction to Pressures
Social Pressures to Use Drugs
Resisting Internal & External Pressures to Use Drugs
Practicing Resistance Skills
Inhalant Abuse
Review and Practice of Resistance Techniques
Smoking Cessation
Benefits of Not Using Drugs

Student Leadership Services Total Training Cost: \$2,200.00

*Total cost includes mileage and training.

Please contact Dawn Flood, LMSW, CPC-R at Student Leadership Services, Inc. if you are interested in scheduling this training.

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