



Peer Refusal Skills Training
High School Two Day Training

Goal: This training will engage high school students to teach refusal skills to middle school students.

Objectives:

1. High school students will learn the concepts of youth voice and choice.
2. High school students will be trained in effective communication, decision making and assertiveness skills.
3. High school students will prepare a 50 minute lesson for their younger peers.
4. High school students will present the lesson for their peers in the training.
5. High school students will schedule and present a lesson in refusal skills to their middle school peers.
5. Middle school participants will learn and practice developmentally appropriate refusal skills.
6. High school trainers will complete evaluations following the training; middle school participants and teachers will complete evaluations following the lesson and send to Student Leadership Services for follow-up.

Concepts:

Perceptions

Personal empowerment

Communication skills

Pressures

Managing pressures

Decision making skills

Assertiveness

Refusal skills

Questions contact: Dawn Flood, 248-706-0757, dmf@slstoday.org

Cost: \$1,400.00 per 30 students *Materials and travel included