



Parents: *Clip out the following list and put it in a place where your family can easily see it (refrigerator, mirror, bulletin board). These ten communication techniques can help pave the path towards effective, honest communication in your home!*

FAMILY COMMUNICATION TECHNIQUES

- ❖ *Pay Attention.*
- ❖ *Speak less than you listen.*
- ❖ *Be fair.*
- ❖ *Think before you speak.*
- ❖ *Operate in the here and now.*
- ❖ *Avoid negative comments.*
- ❖ *Do not raise your voice.*
- ❖ *Point out the positive.*
- ❖ *Maintain a calm manner.*
- ❖ *Be sensitive and considerate.*

Student Leadership Services provides a communication workshop oriented towards developing effective communication in middle school STAND or high school group chapters. Please call our office, (248)–706–0757, if you would like to find out more about the workshop!